Don’t miss this exciting and educational conference for family caregivers and professionals. This special day will include light breakfast and lunch, speakers, vendors and door prizes.

**Friday, September 29, 2017**

**8:00AM – 3:30PM**

**Conference fee:** $29 ($9.17 for 62+)

### Conference Agenda

8:00-8:30am ..........Registration/Resource Fair/ Continental Breakfast – Conference Center
8:00-1:30pm ..........Massages Available
8:30-8:45am ..........Opening Remarks
8:45-9:45am ..........Keynote Speaker, Teepa Snow – Navigating the Journey
9:45-10am ..........Resource Fair
10:00-11am ..........Breakout Session I
11:00-11:15am ........Break/Resource Fair
11:15-12:15pm .........Breakout Session II
12:15-1:15pm ..........Lunch (included in registration fee)/ Resource Fair – Student Lounge
1:15-2:15pm ..........Breakout Session III
2:15-3:15pm ..........Closing Presentation – Making Moments of Joy, by Teepa Snow
3:15-3:30pm ..........Door Prizes/Evaluations

### Keynote Speaker – Navigating the Journey

**Speaker:** Teepa Snow, Positive Approach, LLC & teepasnow.com

This presentation is designed to help those caring for someone who is experiencing problems with thinking, memory, language, or behavior. It will address a wide variety of common concerns and issues from the earliest stages of cognitive changes until the end of journey resulting in death due to complications of brain failure.

Learners will see the difference between normal aging changes that happen to everyone and the changes they may be noticing in the person they are trying to help. Added emphasis will be placed on discriminating among the various dementias so that care can be matched to the type(s) that person has. The session will also address getting the right supports and help in place and determining the resources and environment where care can best be delivered given for that individual. Highlighting indicators that the condition has progressed and new or different supports and care strategies and programs are needed from the beginning to the end of the disease process. Common problems will be addressed that happen when someone has dementia including hospitalizations, medications complications, and ER visits. Strategies to minimize or reduce the risk of negative outcomes will be provided and discussed.

### Closing Speaker – Making Moments of Joy

**Speaker:** Teepa Snow, Positive Approach, LLC & teepasnow.com

This session is designed to help caregivers recognize and appreciate their role in creating days that are filled with moments of joy and meaningful activities when caring for someone with dementia. Emphasis will be placed on developing an awareness of the importance the caregiver's attitude and behavior play in determining the reactions and behaviors of the person for whom they are providing care. Self-awareness and self-assessment will be used to help caregivers acknowledge their own status and emotional state. There will also be a discussion of the importance of recognizing 'burn out' and stress to determine if the caregiver is able, at this time, to find or create moments of joy. OR may need respite and time away or additional assistance and support to re-establish relationships that allow joy to be part of the day.
Dementia 360 Workshop

SAVE THE DATE
Thursday, September 28, 2017
6:00-8:00pm
WITC-New Richmond Conf. Center
FREE to the Public. Registration is Required.

This workshop will give you a wide variety of perspectives on Dementia and will address dementia-related issues from the point of view of the individuals with dementia, individuals without dementia, family members, and caregiving staff. By the end of the workshop, you will be able to understand the impact of dementia on each of these ‘players’, describe some of the key strategies to meet the needs each has, and begin to recognize what has a high probability of making a positive difference in the lives of all concerned. Join us for this FREE community event with Teepa Snow.

Register with New Richmond Community Education at 715.243.7421 or newrichmond.k12.wi.us.
These issues will help all caregivers get a better night’s sleep themselves. Disorders from diagnosis to treatment. Feeling more prepared to handle build knowledge of the relationship between sleep and dementia. Healthy sleep is critical for the brain to work correctly. This session will help learners better understand what is happening when someone has dementia. We will explore the ‘state of the art and standards of care’ to better explain the process and decision making involved. Communication, investigation or refer the report to another agency for investigation.

- **2c: Catching ZZZ’s: The Relationship Between Sleep and Dementia**, Minneapolis VA Medical Center Caregiver Support Program, 6:00-8:00 pm

Many people are confused by trusts. Learn trust basics and how trusts are used for planning. As a capable adult, you have many rights when you receive health care. You have the right to be fully informed about your health status and the choices you may face. In addition, you have the right to make decisions about your care as the condition progresses.

- **1a: Male Caregivers: Helping Meet Their Needs and Challenges**, Minneapolis VA Medical Center Caregiver Support Program, 6:00-8:00 pm

Let's talk about the aging birds and the bees, what's normal behavior, and challenging behaviors when caring for patients experiencing these disorders. We will focus on how to use more positive engagement and plans as the condition progresses without becoming a negative or hopeless entity. We will discuss how to use more positive engagement and plans as the condition progresses without becoming a negative or hopeless entity. We will discuss how to use more positive engagement and plans as the condition progresses without becoming a negative or hopeless entity.

- **1b: Overview of the Department of Veterans Affairs and the VA Physician & Julie Holle, RN, Adoray**

- **1d: Three-D Approach . . . Delirium, Dementia, Depression**, Minneapolis VA Medical Center Caregiver Support Program, 6:00-8:00 pm

Hear how Wisconsin got started and is leading the nation with Music & Services. Come to this exciting presentation to see the power that personalized services can bring.

- **2a: Helping Meet Their Needs and Challenges**, Minneapolis VA Medical Center Caregiver Support Program, 6:00-8:00 pm

 Cannot Speak for Yourself?

- **3a:恕不收禮**

- **3b: Adult Protective Services 101**, Minneapolis VA Medical Center Caregiver Support Program, 6:00-8:00 pm

- **3c: The Birds and The Bees: Be informed of Changes in Sexual Behavior**, Minneapolis VA Medical Center Caregiver Support Program, 6:00-8:00 pm

- **3d: Advance Care Planning: Who Will Speak for You When You Cannot Speak for Yourself?**, Minneapolis VA Medical Center Caregiver Support Program, 6:00-8:00 pm

- **2d: Complementary Alternative Medicine for Patients & Caregivers**, Minneapolis VA Medical Center Caregiver Support Program, 6:00-8:00 pm

Proven health and wellness solutions for you to choose from for patients, members, and caregiving staff. By the end of the workshop, you will be able to understand the impact of Alternative Medicine, for patients and caregivers presently, from

**Sponsored Registration:**

If an agency or employer has agreed to pay your tuition, complete the section below and attach written authorization.

I authorize WITC to forward information regarding the completion of this course to the sponsor listed above.

Name of Business/Agency

Student Signature
Don't miss this exciting and educational conference for family caregivers and professionals. This special day will include light breakfast and lunch, speakers, vendors and door prizes.

Friday, September 29, 2017
WITC-New Richmond
1019 S. Knowles Ave • New Richmond, WI 54017

SAVE THE DATE

Presenting Keynote Speaker, Teepa Snow
Teepa is one of the world’s leading advocates and educators for anyone living with dementia. Her advocacy efforts led her to the development of the GEMS® dementia classification model and the Positive Approach® to Care training strategies. Teepa has over 35 years of clinical experience in the field of geriatrics and dementia care. Teepa’s personal mission is to help others better understand how it feels to be living with dementia. She utilizes her gifts of role play to demonstrate behavioral states and stages of dementia. This results in greater understanding for her audiences.

Gold Sponsors:

Four Easy Ways to Register!

ONLINE: Register and submit your credit card payment online at witc.edu/search.

BY FAX OR PHONE: You may fax your registration to 715.246.6561. Register by phone at 800.243.9482, ext. 4221. Only credit card payments will be accepted by fax or phone.

IN PERSON: Our regular office hours are Monday – Thursday, 8AM–6:30PM and Friday 8AM–4:30PM. Cash checks and credit cards are accepted.

BY MAIL: Fill out the attached registration form and mail it with your payment to WITC-New Richmond, Attn. Continuing Ed, 1019 S. Knowles Ave., New Richmond, WI 54017.