Aging Gracefully and Safely...

A Caregiver’s Guide

Don’t miss this exciting and educational conference for family caregivers and professionals. This special day will include light breakfast and lunch, speakers, vendors and door prizes.

Tuesday, May 23, 2017
9:00AM – 2:00PM
Conference fee: $25 ($11.96 for 62+)

WITC-Superior
600 N 21st St. • Superior, WI 54880

Platinum Sponsors:

WITC
Wisconsin Indianhead Technical College

ADRC
Aging & Disability Resource Center of Douglas County

St. Luke’s

CARE PARTNERS
Country Terrace
Assisted Living

Special thanks to the Douglas County Caregiver Coalition for their efforts in coordinating this event.
Featuring Inspirational Keynote Speaker, Moira Kneer

Moira Kneer, Community Outreach Coordinator for the Center for Spiritual Care & The Healing Place of Sacred Heart Hospital, Eau Claire, WI, retired from her position as hospital chaplain four years ago. She was invited to establish the position of Community Outreach Coordinator shortly after and can now devote more time to giving presentations and retreats, while informing the public about the free services of The Healing Place – a grief counseling center provided by the Hospital Sisters Health Care System to the community. She speaks on a variety of topics, and sharing her expertise with public agencies, non-profit support groups and churches. She has experienced first-hand the challenges of being primary caregiver for her daughter. Moira is a cancer survivor, mother of four and grandmother of five. She and her husband Dan have been involved in church music ministry forever.

Conference Agenda

8:30-9am  Registration/Resource Fair/Continental Breakfast-conference center
9:00-9:15am  Welcome and Speaker Introduction
9:15-10:30am  Keynote Speaker – With Age Comes Wisdom … of a Sort
Presented by Keynote Speaker: Moira Kneer, Community Outreach Coordinator for Sacred Heart Hospital Center for Spiritual Care & The Healing Place
All our life experiences, both good and not so good, offer us opportunities for growth and help us to gain wisdom. With each new challenge, we can build on the knowledge and experience that we already hold. Too often we do not give ourselves credit for the gifts and strengths we have already acquired. Using familiar comic strips and humor, including the poem by Jenny Joseph, “Warning”, we will reflect on the Wisdom that comes with age, and find ways to expand on that knowledge.

10:30-11:00am  Know Us Before You Need Us – Resource Tables & Break
11:00-12:00pm  Avoiding Harm’s Way: Safety Considerations in the Home, in the Community and Behind the Wheel, Presented by Ann Forrest Clark, OTR/L, CDRS, Occupational Therapist, St. Luke’s
Safety and avoiding injury is important for everyone. When living with dementia it requires caregiver awareness and planning to prevent the unexpected. This session will present concrete strategies for helping a caregiver anticipate safety issues in the home, in the community and with driving.

12:00-1:00pm  Lunch (included in registration fee) & Resources Tables
1:00-2:00pm  Seuss for Seniors, Presenter: Moira Kneer, Community Outreach Coordinator for Sacred Heart Hospital Center for Spiritual Care & The Healing Place
Dr. Seuss is world famous for his children’s books and literature. But he did not write exclusively for children! Using his own words he “wrote for people”, people of all ages. As we examine some of his better known books we will find much that speaks to us as grown up people, facing new challenges! The centerpiece of this presentation is one of his lesser known books, “You’re Only Old Once: A Book for Obsolete Children”, a delightful look at the aging process and healthcare in our time.

2:00pm  Wrap Up & Evaluations

Four Easy Ways to Register!

ONLINE: Register and submit your credit card payment online at witc.edu/search.

BY FAX OR PHONE: You may fax your registration to 715.394.3771. Register by phone at 800.243.9482, ext. 6269. Only credit card payments will be accepted by fax or phone.

IN PERSON: Our regular office hours are Monday – Thursday, 8AM–6:30PM and Friday 8AM–4:30PM. Cash checks and credit cards are accepted.

BY MAIL: Fill out the attached registration form and mail it with your payment to WITC-Superior, ATTN: Continuing Ed. 600 North 21st Street Superior, WI 54880
REGISTRATION FORM
for Continuing Education (non-credit) Courses

Last Name  First Name  M.I.  Former Last Name (if applicable)  Date of Birth

Employer

WITC Student ID No.  Social Security No.  ☐ I’ve taken classes at WITC in the past.

Email address  (required for WITC alerts and important communication)  Home phone  Cell phone

Home address  City  State  ZIP

The information below is required for state and federal reporting purposes, and will be kept confidential.

Gender: ☐ Male  ☐ Female  Ethnicity: Hispanic/Latino origin?  ☐ Yes  ☐ No

Race (check all that apply):  ☐ American Indian/Alaska Native  ☐ Asian  ☐ Black/African American  ☐ Native Hawaiian/Other Pacific Islander  ☐ White

Highest Credential Earned

☐ 01 = No Credential  ☐ 05 = Some college credit
☐ 02 = GED  ☐ 06 = Short-term diploma or certificate
☐ 03 = HSED  ☐ 07 = 1yr Diploma
☐ 04 = High School Diploma  ☐ 08 = 2yr Diploma
☐ 09 = Associate Degree  ☐ 10 = Associate Degree
☐ 11 = Baccalaureate  ☐ 12 = More than Baccalaureate
☐ 99 = Student Declined/Unknown

Completed grades:

☐ 01 = No Credential  ☐ 99 = Student Declined/Unknown
☐ 02 = GED  ☐ 98 = High School Diploma
☐ 03 = HSED  ☐ 97 = 1yr Diploma
☐ 04 = High School Diploma  ☐ 96 = 2yr Diploma
☐ 05 = Some college credit  ☐ 95 = Associate Degree
☐ 06 = Short-term diploma or certificate  ☐ 94 = Baccalaureate

It is your responsibility to contact WITC to officially drop a class. If you decide to drop, you should do so immediately as a single day can affect your refund amount. A full refund will be given if you notify WITC prior to the first scheduled class meeting.

OFFICE USE ONLY

Date/Time  ________________________
Received By/Ext.  ________________________

PAYMENT METHOD:  ☐ Check or money order payable to WITC  ☐ Cash  ☐ MasterCard  ☐ Visa  ☐ Discover
☐ Agency Bill/Sponsored Registration - complete information below; attach required authorization
Exp. Date  ___________  ___________  Security Code  ___________

Credit Card No.  ___________  ___________  ___________  ___________
Name on Card  ___________  ___________  ___________  ___________
Cardholder Signature  ___________  ___________  ___________  ___________

Sponsored Registration:
If an agency or employer has agreed to pay your tuition, complete the section below and attach written authorization.

Name of Business/Agency  ___________

I authorize WITC to forward information regarding the completion of this course to the sponsor listed above.  ________________________

TOTAL

CLASS NO.  CATALOG NO.  CLASS TITLE  LOCATION  START DATE  CLASS FEE

26309  47  520  405  Caregiver Conference  Superior  05/23  $25 ($11.96 for 62+)

Once registered for a course(s), you have created a liability with WITC and a promise to pay.

WITC is an equal opportunity employer/educator.

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SAVE THE DATE

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