TERM: 1142.  CAMPUS: Rice Lake

Course Title – Green Medicine/Flower Essences Making

Location: Rice Lake
Entrance: Main Entrance
Instructor: Gigi Stafne

Supply List for the first day of class:

- Notebook or Plant Journal
- 2-3 small sterile (new or recycled) glass dropper dose bottles*

*Note: These can be dram (1/8 oz) size amber bottles which are traditional Flower Essence dose bottles. If you cannot find those, bring amber brown or cobalt blue w/droppers that are 1/2 or 1 ounce in size

- Solvent for your flower essences--brandy is the trade standard preferred (4 oz)

Instructor will bring all other supplies, bowls, solvent, distilled water, labels, utensils and 12-20 different Mother and Stock Flower Essences to work with.

Questions? Contact instructor Gigi Stafne, MH, ND:

gigigreenwisdom@gmail.com