TERM: 1142  CAMPUS: Rice Lake

Course Title – Green Medicine/Infused Oils

Location: Rice Lake
Entrance: Main Entrance
Instructor: Gigi Stafne

Supply List for the first day of class:

- 1 pint size glass jar (sterile--new or recycled w/ lid)
- 2-3 small glass jars or containers (sterile--new or recycled)*

*Note: Tincture bottles--amber brown or cobalt blue w/droppers work best; 1/2 to 1 ounce in size

- Your own solvent for infused oil (1 pint or less) such as virgin cold pressed olive oil, sesame oil, jojoba oil, grapeseed oil, almond oil, etc.

Instructor will supply all other materials and supplies, extra oil, herbs, essential oils, utensils and labels.

Questions? Contact instructor Gigi Stafne, MH, ND:

gigigreenwisdom@gmail.com